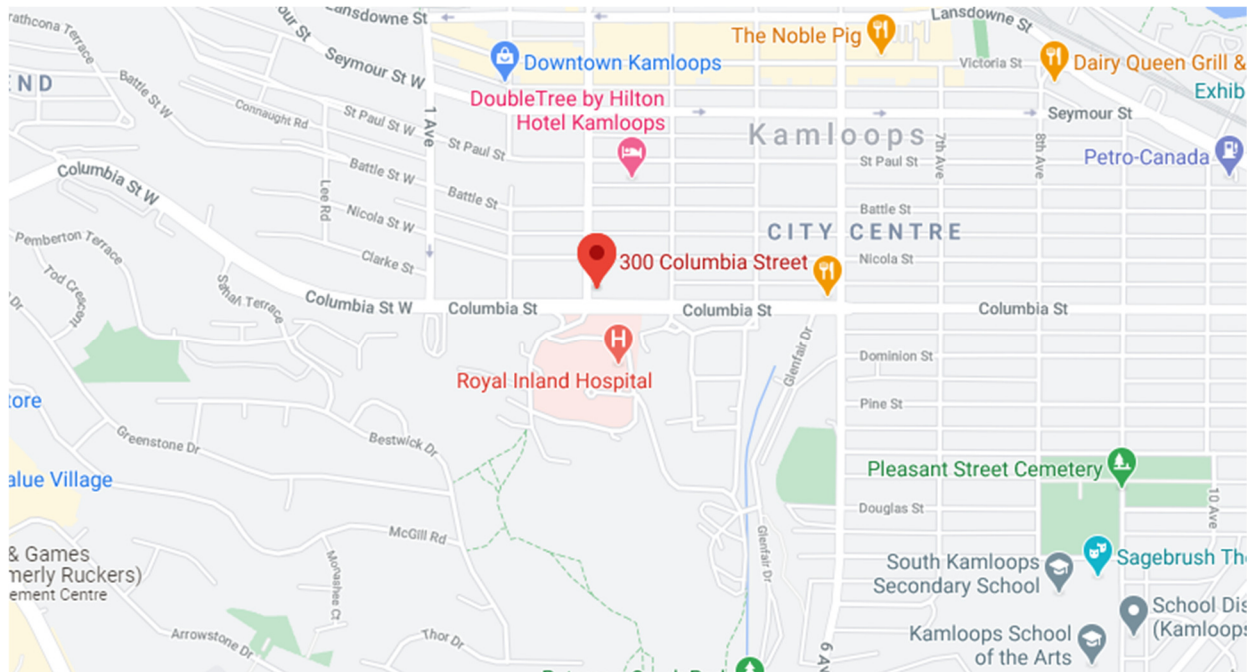


# **Kamloops Sleep Clinic**

*Dr. Ronald Cridland Inc*

## **Directions to Kamloops Sleep Clinic**



Located at # 214 – 300 Columbia Street, Kamloops B.C

Just down and across from Royal Inland Hospital.

From Salmon Arm – Keep straight on the Trans Canada Hwy leaving Salmon Arm Headed Towards Kamloops. As you enter Kamloops you will take the Battle St exit towards the City Center on your right hand side, you will then bear left onto Columbia street and your destination will be on the right.

From Vernon – Head North on BC-97/ 32<sup>nd</sup> St towards 33 Ave. Take the ramp on your right, Turn left onto BC-97 where the road names changes to BC- 97/TC – 1 W. Take the ramp on your right hand side titled “Battle Street” towards the Kamloops city center, you will then bear left and your destination will be on the right.

From the Coastal region – Keep straight on BC-3 E. Crowsnest Hwy onto BC-5 N/ Coquihalla Hwy. Keep straight onto BC-97 S/ BC-5 N you will make a right hand exit off of the highway onto exit 369 Columbia St toward city center. Keep straight onto Columbia St W where the road names changes to Columbia St.

From Barriere – Head southeast on BC-5/ Yellowhead S Hwy toward station Rd, Take ramp on right hand side toward Banff/ City Center / Vernon. Bear left onto Columbia St.